



WEST SIDE YMCA DAY CAMP



New York City's YMCA
We're Here for Good.

Dear Parents and Guardians,

Welcome to the West Side YMCA/Grosvenor Neighborhood House YMCA 2010 Summer Day Camp. Camp is more than just a summer vacation! It's a time for your child to experience new adventures, have fun, make friends and develop self-confidence.

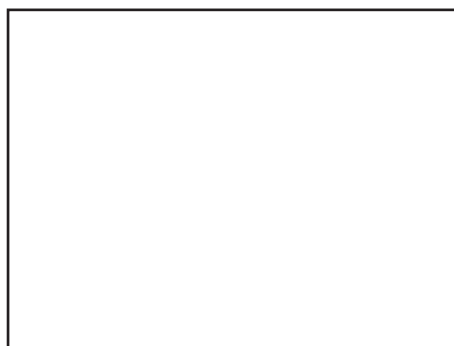
This begins at the West Side YMCA/ Grosvenor Neighborhood House YMCA because we identify with the world our campers live. We know that they are confronted with constant peer pressure and media encouragement to grow up quickly, so we take steps to counteract the trend. We provide a safe place that allows children to relax, and enjoy themselves.

Whichever program you choose this year, I guarantee that your child will walk away with memories to last a lifetime, through our wide array of enriching camps which include Kinder Camp, Day Camp, Sports Camp, and Arts Camp. I look forward to meeting you and your family and having the opportunity to serve you this summer.

Let this summer be an investment in your child's future and an opportunity to stretch beyond the horizons to see what lies ahead.

Sincerely,
Kim Waldon

Senior Director, Youth & Family Programs



SUMMER CAMP PROGRAMS

Summer Camp programs at the West Side YMCA and Grosvenor Neighborhood House YMCA are as unique as the campers themselves. We focus on developing the whole child through programs that support children's social, emotional, physical, intellectual and spiritual development. We do this by designing programs that help youth develop communication skills, engage in problem solving, learn through critical thinking and contribute to designing the programs they participate in each day. The West Side YMCA also aims to build self-esteem and a young person's Developmental Assets through our camp programs by focusing children on their strengths. Regardless of age, every camper will go on trips, participate in swim lessons, play sports, discover the importance of living a life full of fitness and nutrition, learn about values and good character and leave with lasting memories and new friends.

OUR MISSION

The YMCA of Greater New York is a community based service organization which promotes positive values through programs that build spirit, mind, and body, welcoming all people with a focus on youth.

YMCA DAY CAMP OBJECTIVES

The West Side YMCA & Grosvenor Neighborhood House YMCA day camps provides youth with supervised activities that teach core values, conflict resolution and leadership skills. Kids have fun while making new friends, developing new skills, building self confidence, appreciating team work and growing in self reliance. Y Day Camps give children the opportunity to play games, create arts & crafts, explore science & technology, swim, and participate in field trips. The West Side YMCA is licensed by the New York City Department of Health and accredited by the American Camping Association.



OPEN HOUSES

Open House will be held at the West Side YMCA & Grosvenor Neighborhood House YMCA on the following days:

Saturday, March 13	10:00AM – 4:00PM
Saturday, April 17	10:00AM – 4:00PM
Saturday, May 15	10:00AM – 4:00PM

PARENT ORIENTATION

Parent Orientation is mandatory. Parent or guardian must attend one of the following sessions:

Wednesday, March 17	6:30-7:30
Wednesday, April 21	6:30-7:30
Wednesday, May 19	6:30-7:30

DATES AND HOURS OF OPERATION

The West Side & Grosvenor Neighborhood House YMCA Summer Day Camp runs from early June to late August. Our camps, with the exception of Kinder Camp, start at 9:00am and end at 5:00pm. There are early and late drop off hours that start as early as 8:00am and end as late as 6:00pm for an additional fee.

REGISTRATION

You can register in person for any of our fee-based 2010 Summer Camps after January 2, 2010. Registration is first come first serve, so we encourage you to register as early as possible. Be sure to register early, as we have had to close out sessions in the past to ensure proper ratios and the safety of our participants is maintained.

AGES

The West Side YMCA and Grosvenor Neighborhood House YMCA offer camping programs for children as young as 3 1/2 years old, and teenagers as old as 16 years of age. Each camp is uniquely designed to ensure that developmentally appropriate practices occur at all times for the age the camp is centered around. Children must have completed kindergarten.

CHOICE OF SESSION

In most cases our camps run in 2-week sessions (Kinder Camp is the exception). This design is to help facilitate the different schedules and needs of the families we serve. You can choose the weeks that you want to sign-up and miss the ones when you will out of town or have other plans. Early Bird Camp Starts on June 14th and we run weekly sessions until the Last Day of Camp on August 20th.

DISCOUNTS

A 10% Early Bird discount will be applied to those who register and pay in full between January 2nd and May 17th (a \$50 non-refundable deposit is required to hold your space in camp). This amount will be deducted from regular camp prices. For families registering multiple children, there is a 10% Sibling Discount for all additional children, after the first. These two discounts cannot be applied together; you have to choose the one that best suits your needs. Discounts do not apply to memberships, which all campers are required to have. There is no Family Membership discount.

FINANCIAL ASSISTANCE

The West Side and Grosvenor Neighborhood House YMCAs want to make sure that no child is turned away for an inability to pay. For those families that feel they cannot afford to pay the full price of camp, we do offer financial assistance up to 50% off the price of camp. The decision on the financial assistance is based on need as determined by family income. To be considered, please complete a Financial Assistance application and submit it with the required documentation prior to May 1, 2010. Decisions will be made on a weekly basis after May 1st. Camping programs run by the West Side YMCA and Grosvenor Neighborhood House YMCA are permitted by the New York City Department of Health and Mental Hygiene. All of our camps are also accredited by the American Camp Association, www.acacamps.org, which means that we have met over 300 standards to ensure that our camps meet high health, safety and program standards.

DAY CAMP

June 14 to August 20, 2010

9:00AM – 5:00PM

Extended AM and PM Care Available

The traditional all-inclusive YMCA summer camp experience at West Side YMCA is our Day Camp program. Our program allows the children to explore their creative, social, and intellectual skills through activities such as swimming, arts & crafts, dancing, drama, sports and chess.

The children will make new friends and lasting memories.

Price: \$340 per week **Ages: 5.5 to 11**

KINDER CAMP

June 14 to August 20, 2010

9:00AM – 3:00PM

Extended AM and PM Care Available

Designed with a shorter day, smaller group sizes, trips that are closer to home, and a less demanding schedule, Kinder Camp is the perfect first camp experience for pre-schoolers. Camp is operated in the beautiful West Side YMCA's Co-Op Nursery school classrooms. This camp fills up every year so we encourage you to register as soon as possible. This camp is the exception to the weekly session design seen in other camps. Registration for the month of July is only available for the full month. All participants must be fully potty trained before attending this camp.

Price: \$400 per week **Ages: 3.5-5**

SPORTS CAMP

June 28 to August 20, 2010

9:00AM – 5:00PM

Extended AM and PM Care Available

Not all kids want to do arts and crafts, play or read in the summer-these kids usually want to run, sweat and push themselves to new limits. Campers will follow a stimulating rotation of sports which include basketball, soccer, running games and swimming on a daily basis. Softball/ baseball, lacrosse, volleyball, dodge ball and handball, track and field and other field sports are introduced several times throughout the session. All activities are designed to be fun, instructional, and skills building while at the same time helping campers develop confidence, enthusiasm, and a genuine love of sports. The YMCA Sports Camp program also places a high level of focus on sportsmanship, team play, individual learning styles, hands on play and safety at all times. Each day includes stretching and conditioning as well as talks about living a healthy life including nutrition and exercise.

Price: \$340 per week **Ages: 8-14**

ARTS CAMP

Arts Camp Director: Grace Rochford

June 28 to August 20, 2010

9:00AM – 5:00PM

Extended AM and PM Care Available

Inspire the Artist Within Your Child!

Of course, the YMCA is known for swimming and basketball, but in camp we also celebrate the artist, actor or playwright that lives inside all young people. Studies show that young people with experiences rich in the arts have better grade-point averages; score better on standardized tests in reading and math and have lower dropout rates than students without such encounters.

The West Side YMCA's Summer Arts Camp allows all young people, regardless of previous ability, to learn to paint, write, sing, dance, and act. Using the amazing artistic resources found in New York City, the YMCA partners with local artists, museums, theaters and artistic groups to offer a one of a kind summer arts experience!

Visual Arts: Drawing, painting, ceramics, hand building, comic book illustration, scene design and painting, costume design and construction

Dance: ballet, modern, jazz, step, hip hop, acrobatic, choreography, ballroom and musical theater dance

Drama: Acting, improv, character building, theater movement, stage combat, rehearsal for play, acting for musical theater, theater games

Music: Harmony, rhythm, group song, vocal technique, musical theater, ear training, reading music, guitar workshop

Writing: Creative writing, playwrighting, journaling, poetry, spoken word, dialogue, short story, essay writing, critique, literature, storytelling, comic book writing

Weekly Family Shares: Every week we invite families to join our campers and staff to get a glimpse of what's been going on at camp. 2009 Family Shares included: variety show style shares featuring all five Arts Disciplines, a Dance Concert, The Peanut Gallery, our very own art

gallery opening of the campers' artwork, Coffee House Night, an evening of poetry and readings, and a Camper Concert.

End-of-Summer Show Spectacular:

Our exciting end-of-summer show in 2009 was a camper-written adaptation of Dr. Seuss' *The Lorax*, and was held in the spectacularly renovated Marjorie S. Deane Little Theater. Campers had the amazing opportunity to rehearse and perform on a professional Off-Broadway stage! Campers adapted the book into a play, designed the lighting, constructed costumes and sets, and dance, sung, and acted, utilizing all five arts disciplines, and gaining full ownership over the final product by being involved in every aspect of the process.

Summer 2009 Workshops included:

A theatre workshop with the Amas Musical Theater Company, percussion and rhythm workshop with African Dance and Drums, a kick line and precision dance workshop with a Radio City Music Hall Rockette, and an afternoon exploring reading with volunteers from Morgan Stanley.

Price: \$400 per week **Ages: 6-14**

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TEEN CAMP

June 28 to August 20, 2010
9:00AM – 5:00PM

Recognizing that teens want to socialize and have “time to hang” with their friends, we offer special activities with teens in mind. Our summer camp program is designed to help teenagers gain personal power, build self-confidence and self-esteem while developing deep and lasting friendships. Teen participants will be directly engaged to help plan trips, workshops, outings and experiences that interest them. Teen Camp is also about fun, connection, self-exploration and self-expression and is designed to give teens more independence in a creative and relaxed club atmosphere.

Price: \$340 Ages: 11 to 15

CIT (Counselor in Training)

This three-week training program develops a young person’s skills and knowledge of leadership, safety, relationship building, childcare, and programming skills crucial for being a YMCA Camp staff, and practical hands on experience. CITs gain skills needed to make a difference in the lives of children. Where possible, teens that have completed and successfully passed this program will be invited to intern with the camp for the remainder of the summer, earning a small stipend and getting resume worthy experience.

Price: \$600 per 4-week session
Ages: 15 and 16 year olds

LAST HURRAH

August 23-27, 2010

For the last week the YMCA wants to make sure that the kids end their summer doing all of the things that they loved the most. Campers will go on a trip every single day of this last week of camp to the places that campers have loved all summer long, they will play their favorite games, sports...this is an entire week of the Campers running camp.

Price: \$370 Ages: 5 to 14

SUMMER CAMP AT THE GROSVENOR NEIGHBORHOOD HOUSE YMCA

June 28 to August 20,
2010 9:00AM – 5:00PM

Extended AM and PM care available

The GNHY located on 105th and Amsterdam offers a variety of day camp programs similar to those offered at the West Side YMCA. The GNHY is situated in one of Manhattans most diverse and changing communities, directly between Central Park and Riverside Park. The GNHY summer camp program has a strong community connection, offers competitive prices, and is operated at the same high quality you expect from all YMCA youth programs. All camp participants will get to go on trips, have swim lessons at West Side YMCA, do a wide variety of sports and arts programs, and interact with other children in age-appropriate groups.

Day Camp at the Grosvenor YMCA

Price: \$300 per week Ages: 5 to 11

Kinder Camp at Grosvenor YMCA

Price: \$350 per week Ages: 3.5 to 6

LAST HURRAH

August 23-27, 2010

For the last week the YMCA wants to make sure that the kids end their summer doing all of the things that they loved the most. Campers will go on a trip every single day of this last week of camp to the places that campers have loved all summer long, they will play their favorite games, sports...this is an entire week of the Campers running camp.

Price: \$315 Ages: 5 to 14

New York YMCA Camp - West Side’s Sleepaway Camp

Boys and Girls ages 6 to 16

Located 86 miles northwest of Manhattan, the New York YMCA Camp is a globally diverse bully-free community built upon the YMCA core values of caring, honesty, respect and responsibility. . .where each child enjoys safe adventures, new friendships and joyful experiences.

Campers are secure in our bully-free camp from day one. Children are always supervised by highly trained counselors. Friendships are immediately fostered through teambuilding and cabin activities. By supporting each camper and cabin group, our counselors help campers form the life-long relationships for which our camp is known.

- Teambuilding
- Sports
- Horseback Riding
- Performing Arts
- Outdoor Life Skills
- Swimming
- Boating
- Waterskiing
- Tubing
- Arts
- Challenge Courses

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Call us toll free at 877-30-YCAMP or visit us online to learn more.

www.newyorkymcacamp.org

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West Side YMCA

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REGISTER
