



Programs and Classes

Member Registration - December 21, 2009
Non-Member Registration - December 28, 2009
Start - January 4, 2010
End - February 28, 2010

Personal Training:

<i>1 Session</i>	\$55
<i>5 Sessions</i>	\$260
<i>10 Sessions</i>	\$500

Guitar Lessons: 6yrs - Adults

Members: \$105 Non-Members: \$120

8 Weeks Once a Week

<i>Level I</i>	Thursday 6:30 - 7:30pm Saturday 10:00 - 11:00am
<i>Level II</i>	Thursday 5:30 - 6:30pm Saturday 12:15 - 1:15pm
<i>Level III</i>	Saturday 1:15 - 2:15pm
<i>Song Workshop</i>	Saturday 2:15 - 3:15pm

Keyboard Lessons: 6yrs - Adults

Members: \$105 Non-Members: \$120

8 Weeks Once a Week

<i>Level I</i>	Saturday 9:00 - 10:00am Monday 6:00 - 7:00pm
<i>Level II</i>	Saturday 10:00 - 11:00am
<i>Level III</i>	Saturday 11:00am - 12:00pm
<i>Level IV</i>	Saturday 12:15 - 1:15pm
<i>Level V</i>	Saturday 1:15 - 2:15pm
<i>Level VI</i>	Saturday 2:15 - 3:15pm
<i>All Levels</i>	Monday 5:00 - 6:00pm Monday 7:00 - 8:00pm

Adult Swimming Lessons

Members: \$100 Non-Members: \$165

8 Weeks Once a Week

<i>Beginner</i>	Tuesday 8:00 - 9:00pr Wednesday 8:00 - 9:0 Thursday 12:30 - 1:30
<i>Intermediate</i>	Monday 8:00 - 9:00pr

Private Swimming:

<i>1 Class</i>	\$50
<i>6 Classes</i>	\$245
<i>8 Classes</i>	\$310



Karate:	Members: \$95	Non-Members: \$115
	8 Weeks Once a Week	
<i>Beginners</i>	Saturday 1:00 - 2:00pm	
<i>All Yellow Belts</i>	Saturday 10:00 - 11:00am	
<i>Brown & Black Belt Team A</i>	Saturday 12:00 - 1:00pm	
<i>Brown & Black Belt Team B</i>	Tuesday 6:00 - 7:00pm	
<i>Orange, Green, Blue, Purple</i>	Saturday 11:00am - 12:00pm	
<i>All Belts Teen & Adults</i>	Tuesday 7:30 - 8:30pm	
Art & Design: All Ages	Members: \$95	Non-Members: \$105
	8 Weeks Once a Week	
Saturday 10:00 - 11:00am		
Mom-Dad & Me Art & Design:	Members: \$95	Non-Members: \$105
	8 Weeks Once a Week	
Saturday 9:00 - 11:00am		
Tap & Ballet: 4 - 9yrs	Members: \$90	Non-Members: \$110
	8 Weeks Once a Week	
Saturday 10:00 - 11:00am		
Basketball Clinic: 6 - 12yrs	Members: \$105	Non-Members: \$130
	8 Weeks Once a Week	
<i>Beginners</i>	Sunday 12:00 - 1:30pm	
<i>Intermediate</i>	Monday 4:30 - 6:00pm	
Soccer Clinic: 6 - 12yrs	8 Weeks Once a Week	
	Sunday 10:30am - 12:00pm	
Introduction to Sports: 5 - 9yrs	Monday 6:00 - 7:00pm	
Baseball: 6 - 12yrs	Sunday 9:00-10:30am	

Universal Pre-K Extended Day:

	8:00 - 10:30am	
	11:00am - 1:30pm	
	2:00 - 4:30pm	
Monthly Fee:	5 days a week	\$340
	3 days a week	\$260
	2 days a week	\$220

One-Day Holiday Camp:

9:00am - 5:00pm	\$50
8:00am - 6:00pm	\$65
8:00am - 7:00pm	\$80



One-Week Holiday Camp

9:00am - 5:00pm	\$200
8:00am - 6:00pm	\$225
8:00am - 7:00pm	\$250

After School Program: K through 7th Grade

Program Hours: Monday - Friday 3:00 - 6:00pm

Monthly Fee:

Full-Time	\$260
Part-Time	\$180
One-Way Transportation from School to the YMCA	\$165
Extended Hour 6:00 - 7:00pm	\$75
Registration Fee	\$50

Members: \$90

Non-Members: \$135

8 Weeks Once a Week

Shrimp/Kipper: 9 - 12mths

Saturday 10:30 - 11:00am

Inia: 13 - 18mths

Saturday 10:00am-10:30am

Perch: 19 - 36mths

Saturday 9:00 - 9:30am

Pike: 3 - 5yrs

Members: \$100

Non-Members: \$165

8 Weeks Once a Week

Monday 3:00 - 3:45pm

Wednesday 3:00 - 3:45pm

Thursday 4:00 - 4:45pm

Saturday 10:00 - 10:45am

Saturday 11:00 - 11:45am

Sunday 10:00am - 10:45

Sunday 9:00am - 9:45am

Eel:

8 Weeks Once a Week

Monday 3:00 - 3:45pm

Tuesday 3:00 - 3:45pm

Thursday 3:00 - 3:45pm

Friday 3:00 - 3:45pm

Saturday 10:00 - 10:45am

Saturday 11:00 - 11:45a

Sunday 9:00 - 9:45am

Sunday 10:00 - 10:45am

Ray:

8 Weeks Once a Week

Monday 3:00 - 3:45pm

Wednesday 3:00 - 3:45p

Thursday 3:00 - 3:45pm

Saturday 10:00 - 10:45am

Sunday 9:00 - 9:45am

Starfish:

8 Weeks Once a Week

Tuesday 3:00 - 3:45pm

Thursday 3:00 - 3:45pm

Saturday 10:00 - 10:45am

Sunday 10:00 - 10:45am

Sea Horses:

8 Weeks Once a Week

Wednesday 3:00 - 3:45pm

Saturday 11:00 - 11:45am



Polliwog I: 6 - 11yrs

Monday 4:00 - 4:45pm
Wednesday 4:00 - 4:45pm
Friday 4:00 - 4:45pm
Saturday 9:00 - 9:45am
Saturday 1:00 - 1:45pm
Sunday 11:00 - 11:45pm

Members: \$100

Non-Members: \$165

8 Weeks Once a Week

Tuesday 4:00 - 4:45pm
Thursday 4:00 - 4:45pm
Saturday 8:00 - 8:45am
Saturday 12:00 - 12:45pm
Saturday 2:00 - 2:45pm

Polliwog II:

Monday 4:00 - 4:45pm
Wednesday 4:00 - 4:45pm
Saturday 12:00 - 12:45pm
Saturday 2:00 - 2:45pm

8 Weeks Once a Week

Tuesday 4:00 - 4:45pm
Saturday 8:00 - 8:45am
Saturday 1:00 - 1:45pm
Sunday 11:00 - 11:45am

Guppy:

Monday 4:00 - 4:45pm
Thursday 4:00 - 4:45pm
Saturday 1:00pm - 1:45pm
Sunday 12:00 - 12:45pm

8 Weeks Once a Week

Tuesday 4:00 - 4:45pm
Friday 4:00 - 4:45pm
Saturday 3:00 - 3:45pm

Minnow:

Tuesday 5:00 - 5:45pm
Friday 4:00 - 4:45pm
Saturday 2:00 - 2:45pm

8 Weeks Once a Week

Thursday 5:00 - 5:45pm
Saturday 12:00 - 12:45pm
Sunday 12:00 - 12:45pm

Fish:

Monday 5:00 - 5:45pm
Saturday 1:00 - 1:45pm

8 Weeks Once a Week

Friday 5:00 - 5:45pm
Sunday 12:00 - 12:45pm

Flying Fish:

Monday 5:00 - 5:45pm
Saturday 3:00 - 3:45pm

8 Weeks Once a Week

Tuesday 5:00 - 5:45pm
Sunday 1:00 - 1:45pm

Shark:

Wednesday 4:00 - 4:45pm

8 Weeks Once a Week

Saturday 12:00 - 12:45pm

Porpoise:

Friday 5:00 - 5:45pm

8 Weeks Once a Week

Saturday 3:00 - 3:45pm

Swim Teens: 12 - 17yrs

Beginner

Intermediate

Advance

Members: \$100

Non-Members: \$165

8 Weeks Once a Week

Wednesday 5:00 - 5:45pm
Saturday 2:00 - 2:45pm
Thursday 5:00 - 5:45pm
Friday 5:00 - 5:45pm

