



2010 Winter Pool Schedule

*****Effective Friday, January 22nd, 2010*****

ACTIVITY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ADULT LAP SWIM	5:30am-10:30pm	5:30am-10:30pm	5:30am-10:30pm	5:30am -10:30pm	5:30am -10:30pm	8 am - 6:30 pm	8 am - 7:30 pm
Recreational Family Swim	10 am -11 am 1 pm - 2 pm 3:30 pm -7 pm	10 am -11 am 1 pm - 2 pm 3:30 pm -7 pm	10 am -11 am 1 pm - 2 pm 3:30 pm -7 pm	10 am -11 am 1:15 pm - 2 pm 3:30 pm -7 pm	10 am -11 am 1 pm - 2 pm 3:30 pm -7 pm	10 am - 6 pm	10 am - 6 pm
ADULT WATER AEROBICS	7 am - 8 am (11am - 12pm) (YWCA) (Women Only) 12 pm -1pm 7 pm - 8 pm	7 am - 8 am 12 pm -1 pm	7 am - 8 am 12 pm -1 pm 7 pm - 8 pm	7 am - 8 am 12:15 pm -1:15 pm	12 pm -1 pm		
SWIM LESSONS	10am -11am 12pm -1pm 3:30pm - 6pm 8pm - 9pm	10am -11am 12pm -1pm 3:30pm - 6pm 8pm - 9pm	10am -11am 12pm -1pm 3:30pm - 6pm 8pm - 9pm	10am -11am 12pm -1pm 3:30pm - 6pm 8pm - 9pm	10am -11am 12pm -1pm 3:30pm - 6pm	8 am - 1 pm	9 am - 1 pm

Best times for Adult Lap Swim in which 4 or more lanes are available:

Monday thru Friday: 5:30 am - 6:30 am, 8 am - 9 am, 1 pm - 3:30 pm, 6 pm -10:30 pm

Tuesday & Thursday: 5:30 am - 9am

Sat: 8 am - 9 am, 2 pm - 6:30 pm **& Sun:** 8 am - 10 a m, 2 pm - 7:30 pm

*During Recreational Family Swim all children under 8yrs old must be accompanied by a parent.
Children 9-11yrs must have an adult on the pool deck with bathing attire or in the viewing area.*

Please be advised that the Pool schedule is subject to change – Updated January 22, 2010